

HELPFUL TIPS FOR SAFE PATIENT HANDLING FOR BARIATRIC PATIENTS QUIZ

- 1) What body mass index (BMI) is considered morbid obesity?
 - a. 20
 - b. 30
 - c. 40
 - d. 50
- 2) Which of the following medical conditions need to be considered when moving and handling bariatric patients?
 - a. Hip/Knee Replacements
 - b. History of Falls
 - c. Severe Osteoporosis
 - d. All of the above
- 3) Which one of the following is NOT a TIP in patient transport?
 - a. Map out the route
 - b. Measure doorways and elevators
 - c. Choose the most physically demanding device to use
 - d. Stability of the patient
- 4) Which of the following is NOT a reason to consider buying versus renting bariatric equipment?
 - a. Number and frequency of bariatric admissions
 - b. Purchase cost
 - c. How many staff know how to use equipment
 - d. Rental cost
- 5) Which built in feature of a bed would help a bariatric person get into an upright sitting position?
 - a. Lateral rotation
 - b. Chair positioning
 - c. Percussion
 - d. Sit-to-stand lift
- 6) Mr. Jones is 550 lbs. and is unable to weight bear at all. He needs to go to X-Ray and currently is in ICU. Which method would be most efficient and safe to accomplish this task?
 - a. Transfer him with an Air-Assisted device to a stretcher and push the stretcher to X-Ray
 - b. Transfer him to a converta-chair and wheel the chair to X-Ray
 - c. Leave him in the bed and use the power feature of the bed to transport him
 - d. Use a sit-to-stand lift and transfer him to an expanded capacity wheelchair

- 7) Mrs. Brown is bed-ridden and weighs 600 lbs. She has to frequently use the bathroom. Which method of transfer would you use to facilitate her need?
- Use an expanded capacity sling lift and transfer her to a bedside commode
 - Get four nurses to help sit her up and transfer her to a wheelchair to the bathroom
 - Use an expanded capacity floor based lift and toileting sling and push lift into bathroom
 - None of the above
- 8) If any caregiver is expected to lift more than 35 lbs. of a patient's weight, that patient is considered to be fully dependent; use an assistive device
- True
 - False
- 9) According to the Patient Safety Center Assessment Form, use of the Bariatric algorithms apply when the patients' BMI exceeds :
- 30
 - 40
 - 45
 - 50
- 10) Most bariatric patients are susceptible to pressure ulcers and require special air mattresses. As a result, lateral transfers may be difficult due to soft sides of mattress. To safely move a bariatric patient off this type of mattress to a stretcher:
- Use a gantry or ceiling lift with a supine sling
 - Use a friction reducing device/air assisted device
 - Use a draw sheet and four caregivers
 - None of the above
- 11) Dressing changes are quite often performed on bariatric patients and can be a high risk activity due to sustained holding of a limb. To minimize this risk, which technology is the best option:
- Floor based lift and limb sling to hold the leg
 - Ceiling lift and limb sling to hold the leg
 - a or b
 - None of the above
- 12) Many bariatric patients have poor heat dissipation and increased perspiration. Two methods used to minimize this include:
- Use low air-loss mattresses
 - Use specialty mattresses
 - Draw sheet with air assisted device on top
 - a and b only

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Answer Key: 1c, 2d, 3c, 4c, 5b, 6c, 7a, 8a, 9d, 10a, 11c, 12d.